



## FCE Assessments

IPRS Health's Functional Capacity Evaluations (FCE) evaluates and quantifies an individual's capacity to perform a given job, activities of daily living or leisure activities. A detailed objectively measured performance-based examination is carried out by our qualified clinicians.

The purpose is to assess an individual's health status and function which can be compared to the demand of their job and predicts their potential to sustain these tasks over a defined time frame. The FCE results can be used to make return-to-work (activity) decisions, disability determinations or to design rehabilitation plans.

1. It provides faster return to work and collects data regarding ergonomic and job modification.
2. It gives impartial data for documenting functional status
3. Provides early intervention for MSK injuries and prevents an employee from commencing absence from the workplace

### More Info?

For more information on these services contact our Business Development Team:

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## Return on Investment

The IPRS Health **Functional Capacity Evaluations** are very popular across the all sectors. We have been successful in providing this service for our clients for many years. As the below case study suggests we delivered a clear Return On investment for this corporate client who had an ongoing issues with employee absenteeism.

## Case Study

IPRS Health implemented an FCE project for a large corporate client that had a high number of employees on long-term sick leave due to musculoskeletal conditions and disorders.

A team of three Chartered Physiotherapists produced a bespoke FCE template using evidence based assessment protocols and guidelines from the Association of Chartered Physiotherapists in Occupational Health & Ergonomics (ACPOHE) and bespoke Job Demands Analysis software.

Each employee on long-term absence were invited back into the workplace to undertake the FCE where their abilities were matched against their specific job demands. Those that were deemed as able to return to work (23%) returned to work with minimal interventions (follow up return to work meetings with the Physiotherapists), a further 37% returned to work with a bespoke Functional Restoration Programme and advice to managers on specific work placement, short-term restrictions etc.

Overall the FCE's undertaken and subsequent intervention produced a 61% reduction in absence in those with long-term absence.