

## Vehicle Assessments

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Invariably, there will be musculoskeletal issues around driving a vehicle for prolonged period of times. IPRS Health offer ergonomic vehicle assessments to clients that have staff members who have been provided with a company vehicle for work purposes. These can range from small city cars through to heavy goods vehicles (HGV's).

The individual will discuss the issues with the Chartered Physiotherapist before spending time in the vehicle to observe posture, seating position and all will be aimed at addressing the musculoskeletal concerns around the current vehicle including associated Manual Handling concerns or issues with entering or exiting the vehicle. Any changes or recommendations to be made in the report.

All IPRS Health's qualified clinicians attending the assessments are members of The Association of Chartered Physiotherapists in Occupational Health and Ergonomics (ACPOHE).

A full and audited report with photographs will be provided to the client after the assessment, noting any changes that have been made or recommendations that would assist in reducing any symptoms.

Should the individual also perform other tasks for example, manual handling of items, the assessor would also provide advice for such job requirements.

## More Info?

For more information on these services contact our Business Development Team:

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## Case Study

Vehicle assessments can be for a number of reasons. The most common are those suffering with lower back pain or having issues with driving a manual transmission. For one such individual, they had undergone surgery for a left calf rupture and at the time had a manual car. On assessment and discussion, it was clear that they would benefit from having an automatic transmission.

The issue of those with left leg symptoms is not necessarily the motion of using the clutch but the repetition. This individual worked around the London area, therefore was likely to be in traffic daily. As such, an automatic was recommended along with continuing with exercises/rehab and regular breaks.

This client has previously provided IPRS Health with a list of their fleet options, therefore a recommendation could be provided for an alternative model to the manual.

## Cost

Vehicles can be assessed as a one off which costs £295 or if more than one, a day rate of £425 is available (2 assessments). Complex vehicle assessments (models larger than a 4x4 car) will cost £325 per assessment or £465 for a day rate with 2 vehicles assessed.