# Job Description



JOB TITLE	Psychological Wellbeing Practitioner (PWP)	
LOCATION/DEPARTMENT	Mental Health Service	
REPORTS TO/SUPERVISED BY	Senior CBT Case Manager	
ACCOUNTABLE TO	Integrated Clinical Services Lead	

#### MAIN PURPOSE OF THE JOB: (JOB SUMMARY)

To remotely triage and treat mental health patients using evidence based interventions; face to face and occasionally through the medium of delivering workshops.

# **KEY TASKS AND RESPONSIBILITIES: (JOB CONTENT)**

# Main job duties:

- Assess and deliver, under supervision, outcome focused, evidence-based interventions to patients experiencing mild to moderate mental health difficulties.
- To deliver treatment to patients experiencing mild/moderate mental health difficulties.
- → To deliver a range of support for evidence based treatments, including: telephone, media or typed.
- To deliver workshops to groups at offsite locations.
- Undertake accurate assessment of risk to self and others, in doing so to correctly manage and escalate any identified risk.
- Through supervision and case management to escalate cases where the level of need becomes beyond the scope of your role or more severe in presentation.
- Adhere to the service referral protocols. Under supervision signpost unsuitable referrals to the relevant service as necessary.
- \* Keep coherent records of all activity in line with service protocols and use these records and outcome data to inform decision making. Complete all requirements relating to data collection.

## **General / additional duties:**

- work within a collaborative approach involving a range of relevant others when indicated.
- Maintain a competent level of continued professional development (CPD).

#### **Mandatory IPRS Group Responsibilities**

- To adhere to all company policies at all times.
- Contribute to the development of best practice within the service.
- → All employees have a responsibility and a legal obligation to ensure that information processed is kept accurate, confidential, secure and in line with the Data Protection Act (1998) and Security and Confidentiality Policies.
- It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.

## **QUALIFICATIONS, TRAINING AND EXPERIENCE:**

- → IAPT Low Intensity PgDip Essential
- Minimum 1 years post-grad experience working in IAPT Service Essential

#### **EXPERIENCE AND KNOWLEDGE:**

- \* Experience of working with a range of mental health conditions Essential
- \* Experience in assessing and treating a range of mental health conditions Essential
- \* Experience in delivering therapy on a one-to-one basis and as a group Essential
- Experience in delivering workshops Essential

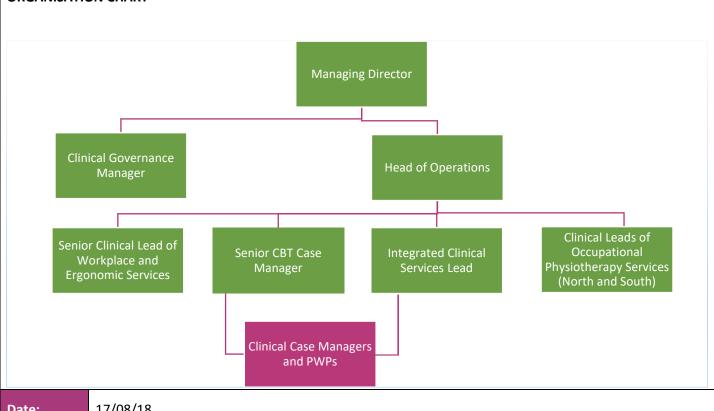
#### **SKILLS AND ABILITIES:**

- To be able to work alone effectively and competently
- To be flexible and adaptive to change
- To be motivated to develop and learn
- To be interested in innovation and change with the service

# **DBS** check required:

Yes

#### **ORGANISATION CHART**



Date:

17/08/18