

<b>JOB TITLE</b>	Mental Health Senior CBT Therapist
<b>LOCATION/DEPARTMENT</b>	Mental Health (Home based)
<b>REPORTS TO</b>	IPRS Mental Health Clinical Service Delivery Manager
<b>DIRECT REPORTS</b>	Psychological Therapists

**MAIN PURPOSE OF THE JOB: (JOB SUMMARY)**

To provide clinical assessment and treatment to patients with common mental health conditions following NICE guidance.  
 To manage team of psychological therapists

**KEY TASKS AND RESPONSIBILITIES: (JOB CONTENT)**

- Assess and deliver, under supervision, outcome focused, evidence-based interventions to patients experiencing mild to moderate mental health difficulties.
- To deliver treatment to patients experiencing mild/moderate mental health difficulties.
- To deliver a range of support for evidence-based treatments, including telephone, media or typed.
- Undertake accurate assessment of risk to self and others, in doing so to correctly manage and escalate any identified risk.
- Through supervision and case management to escalate cases where the level of need becomes beyond the scope of your role or more severe in presentation.
- Adhere to the service referral protocols. Under supervision signpost unsuitable referrals to the relevant service as necessary.
- Carry out case management supervision supporting clinicians to deliver treatment in line with KPI's including session numbers and manage staff utilisation
- Carry out mental health duty cover supporting with general queries, clinical report checks and risk escalation
- Take part in clinical audits for the team and feed back into case management
- Report on team performance
- Provide case management supervision and line management to team of therapists
- Participate in service improvements
- Any other reasonable duties as required

**GENERAL:**

- Work within a collaborative approach involving a range of relevant others when indicated.
- Maintain a competent level of continued professional development (CPD).

To adhere to all company policies at all times.

- Contribute to the development of best practice within the service.
- All employees have a responsibility and a legal obligation to ensure that information processed is kept accurate, confidential, secure and in line with the Data Protection Act (1998) and Security and Confidentiality Policies.
- It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.

**PERSON SPECIFICATION****(E) Essential (D) Desirable****Education and Qualifications:**

- Qualified Cognitive Behavioural Psychotherapist (E)
- Minimum 3-years Mental Health experience through both virtual and face to face treatment and assessment (E)
- Full BABCP accreditation (E)
- Evidence of continuing professional development (E)
- Core profession in mental health i.e., RMN, OT, Social worker (D)

**Experience & Knowledge:**

- Experience in the Corporate Market (D)
- Experience of the Occupational Health and Healthcare Insurance Markets (D)
- Previous experience working in public and private healthcare (E)
- Computer literate with good Excel, Word and PowerPoint skills (D)
- Previous of experience of managing a team (D)
- Experience of working remotely (D)

**Skills & Abilities:**

- Ability to work within a team to achieve the best outcomes for your patients
- Ability to work under supervision
- Ability to communicate effectively with internal and external customers verbally and in writing
- Ability to time manage to meet agreed deadlines in a demanding environment
- Ability to provide detailed reporting to the client on patient progress using standardised report templates and the company database
- Ability to demonstrate an understanding of the client and its needs
- A good of understanding of clinical governance

**ENHANCED DBS CHECK REQUIRED:****Yes****ORGANISATION CHART****Date:** February 2022